CHRISTO FLASH

Vol-IX Issue-3

DECEMBER 2019



PRINCIPAL'S DESK

HARD WORK

My Dear Christites,

"Be concerned with actions only, never with results". said Benjamin Franklin. I believe that hard work is the real wealth. No one can achieve success without hard work. It is the key to success and it can turn sludge into gold. It starts

where we stop looking for alternatives. Laziness and sluggishness make one's life a bane and only hard work can turn it into a boon.

A person can achieve his goal only with the help of hard work. Flyovers, roads, buildings, malls etc. are constructed with the hard work of the laborers. Painters, writers and poets get their reward on the basis of the efforts they make. Some people give more importance to their luck than hard work. Later on, when they fail, they blame their luck, which is very absurd.

Nature also works with utmost care. The Sun rises every morning and sets every evening. Birds and animals work for their food. Plants and trees make food with the help of chlorophyll through the process of photosynthesis. Hard work also is helpful in reducing the problems of unemployment, poverty and failures in life.

In this technological era, where information is available at one's finger tips, the primary challenge before a teacher is not so much to give the students information but to mould their character in to well integrated human beings. In the process of development of one's personality, among the many contributing factors, hard work grabs the first place and walks away with the crown.

A hard working person is always honest, dedicated and committed to his work. His aim is his passion and strength. He is a man of character and leads a happy life as a result. We must have an optimistic outlook towards everything and have the spirit of never giving up in order to achieve our aim and reach the zenith.

Sr. Merlin SABS Principal



Dedication is belief translated into action, which brings about change. Your actions should be so dedicated that no one should have to ask for explanation. A person who is dedicated is defined as devoted to a purpose. Dedicated people do not see mistakes as failures but as learning opportunities. "Arise, Awake! And stop not till the good is reached", says Swami Vivekananda.

Teachers have the power to inspire, through their attitudes, actions and through the lessons and activities they engage their students in. There are many qualities that can be found in a great and dedicated teacher but there is one common quality, which great teachers possess-an unshakable passion for their work. The terms 'great' and 'dedicated' are interchangeable, because a great teacher is a dedicated teacher and a dedicated teacher is a great teacher. Although knowledge and skills are important, a teacher who is enthusiastic, compassionate and patient, creates a positive environment in which students feel comfortable learning. Great teachers truly believe that each of their students can succeed, and dedication is crucial to the achievement of this success.

One of the most important qualities of a dedicated teacher is to be a good communicator, and he/she must have time management skills and always value the importance of time. He/She works with children and sees them strive and grow. He/She relates with children on a personal level and cares for every student as a person. There are 8 key characteristic features of dedicated teacher: commitment, belief, passion, planning, flexibility, self-discipline, voice-management and inspiration.

Mr. Kalrav Soni



COUNSELLOR'S COUNSEL..

"A child is like the butterfly in the wind. Some fly higher than the others, but each one flies the best it can. Why compare one with the other? Each one is different. Each one is special. Each one is beautiful". This is part of a poem by The Learning Station.

Parents and teachers play a very important role in the development of a child. A child's development not only involves factors that are physical or academic but also mental, social and emotional. In today's era, competition has increased but the overall development of the child has decreased. Parents expect their child to be the best among their friends. Parents can be well intentioned in wanting their children to do well in school, but they are often too heavily influenced by a culture of academic intensity.

Every child is unique and has its special talents and capabilities, and we need to nurture them. Parents need to understand that their definition of success might be different from their child's definition. Parents must allow the child to follow its dreams and engage in its creativity. Pressurizing it deteriorates its creativity. The effects of parental pressure can be negative for their child's future. No doubt we understand that parents do everything for their child's good future; at the same time they must put their child's happiness in the first place.

Other than parents and teachers, the influential character in a child's life is social media. Social media can work wonders both in a positive and a negative manner. The students and their parents alike are now focused on the number of likes, comments and followers they have on social media like Facebook, Instagram and other social profiles. They are satisfied with this instead of being famous by their achievements and good deeds.

Social media can be a good influence and the proper use of it can lead to intellectual growth of the child. With the help of internet, parents and teachers can expand their knowledge of the subject, which would make the curriculum more interactive and interesting. It is important to inculcate the right social media behaviour in students and make it a constructive factor and not a destructive factor for them.



ANN R. THOMAS COUNSELLOR



CHILDREN'S DAY

On 14 November, all the teachers and students gathered in the school to celebrate the birthday of Chacha Nehru who considered children as the future of a nation. If we want our nation to be strong and progressive, we must provide our children with growth opportunities and education.

The Children's Day was celebrated with pomp and show. Sr. Merlin, Principal, Sr. Alphonsa, Ms. Vilsy, Coordinator of the Primary section and cultural secretaries from Kindergarten



garlanded the photo of Pandit Jawaharlal Nehru. Varieties of programs were put up by the teachers for their students. The main attraction of the day was the musical act performed by the teachers with the



message that continuous hard work and dedication lead to success. It was an eye opener when the teachers communicated the message that students try to practise fraud and get good results but it is a waste of time, and there is no shortcut to success. A graceful parody dance performed by teachers entertained the children. Sr. Merlin highlighted the contribution of Chacha Nehru with her inspirational words. The programme concluded with the vote of thanks proposed by Master Absar Ahmed the Head Boy.





KINDERGARTEN

Kindergarten Sports Day was held on 17 and 18 November. It was a was a fun-filled celebration for the Kindergarten students as they participated in various sports events, which enhanced the physical development and mental ability of the children. Well-coordinated races helped the children to

sharpen their reasoning and problem solving skills.

Various competitions were also held for two days for Blooms and Blossoms. Frog race, Kangaroo race, Hurdle race, Collection of goodies, Ready to go to school, Ball throw and Hurdle jump were organized for Buds. The winners were awarded with medals and certificates.









synchronized March



Fr. Biju the Chief Guest, in his address reminisced about Sachin Tendulkar's confidence in spite of the bitter experiences he had to face and how he overcame those challenges played for his country. felicitated and encouraged the young Christites and spoke about the importance of having self belief, being focused and being goal oriented. The chief guest of the day officially declared the 8th Annual Sports Meet open and house colour balloons were released. They soared high in the air symbolizing the dreams of the Christites.

An energizing Band-display set the tone for the rest of the event. The students displayed Lezium, Dumbell, a motivational dance and a saree drill and mesmerised the audience with their energetic performances.

Once the races began, the air was filled with cheers and tons of encouragement for the young athletes. The students competed in events like races, basketball throw, broad jump, obstacle race, shuttle run, shot put, discus-throw and relay race. A fun-filled tug-of-war between the houses added to the enjoyment.

The overall champion's trophy was awarded to the Yellow House.







THEMATIC DAY

BLOOMS A

THEME - ANIMALS

Animals are beautiful creatures. Blooms A celebrated Thematic Day and the theme of the day was 'Animals'. The students expressed their love and compassion towards animals by making speeches on different types of animals. They played different roles acting as animals and we concluded programme with a beautiful dance.

BLOOMS B

THEME - BUTTERFLY

Butterfly is the symbol of hope, strength, beauty and love. They teach us the importance of being who we are. It also teaches us that we cannot reach our destination without being challenged. A caterpillar turns into a beautiful butterfly. When it flies around you, it represents the ability to look at life in a carefree, light hearted way.

Blooms B celebrated Thematic Day on 7 November 2019. The theme of the day was 'Butterfly'. The students performed a dance and expressed their love butterflies. In a few lines of their speech, they spread the message that "Just living is not enough; we must have sunshine, freedom and high spirit." Small children have to be taught, learn and trained to become beautiful butterflies in this world.









BLOOMS C

THEME - COLOURS

"Life is like a box of crayons," said John Mayor. Colours are an inseparable part of our life. They depict the elegance and beauty of nature and fill with our lives joy and emotions. Blooms C celebrated their thematic day on 5 December 2019 on the theme 'Colours'. All the tiny tots looked beautiful in their colourful attires as they spread the message of love and peace through their activities and dance performance.

BLOOMS D

THEME - SUCCESS

The road to success and road to failure are almost the same. Success usually comes to those who are diligently looking for it. On 12 December, the students of Blooms D celebrated their thematic day on the topic 'success'.

The students expressed their views in a speech on success and they shared their views on what is success for different age groups. At the end of the programme they performed a beautiful dance. They gave the impression that they are ready to fight with every problem and ready to touch the sky.







PINK

Pink colour signifies love, beauty and kindness. The effect of pink kindles friendship, harmony and affection. The entire Christ School celebrated Pink Colour Day on 17 December 2019. All the Christites

looked elegant in pink shaded dress. The day was hosted by the students of Grade II B. They conducted the morning assembly and recited a short poem.



ORANGE

"Every day, try to do something beautiful and useful. A single sentence will do. The determination to do something against all odds is in itself a form of inspiration", says David Young.

The Christites celebrated orange colour day in the school on 14 October

2019. Orange stands for joy, warmth, heat, sunshine, enthusiasm, creativity,

success, encouragement and fascination. Orange combines the energy of red and the happiness of yellow. On this day, the whole school looked beautiful and energetic. The students of Grade I D sang a melodious chorus and energised the whole campus.



BROWN

"Mere colour, unspoiled by meaning, and unallied with definite form, can speak to the soul in a thousand different ways." - Oscar Wilde.

Brown is a natural colour that evokes a sense of strength and reliability. It is a colour associated with dependability security and safety. It is a welcoming, warm and relaxing colour, which often makes it a choice for interior design. It does not seek attention. It prefers to stay in the background allowing other colours around it to shine.

The brown colour day was celebrated in the school on 6 November. The students of Grade II A

stepped forward with confidence to c o n d u c t t h e morning assembly centred around the theme of brown colour.







Christmas is a season of love and sharing. Soaking in the spirit of Christmas, the Christites celebrated Christmas with enthusiasm on 21 December. The school wore a festive look with beautiful decorations and an adorable crib. Various cultural programmes and the carol singing made the event more vibrant. The valuable presence of Fr. Mathew, Director and Sr. Merlin, Principal were acknowledged. Rev. Fr. Mathew, in his speech, told the story of the birth of the Lord Jesus Christ and encouraged the Christites to inculcate the spirit of giving and sharing. The boundless joy of celebrating the festival was amply visible on the faces of the Christites.

A gathering for all the dear ones of the teaching and nonteaching staff was held in the evening. Our staff members showed their involvement through carols and choreography. Rev. Fr. Benny Thettayil C.M.I addressed the gathering with a meaningful Christmas message. A gift from the management as a token of love towards the teaching and non-teaching staff was distributed by Fr. Mathew. The day ended with a delicious meal and all greeted each other Happy Christmas and a Grace-filled New Year.



DIWALI CELEBRATION

'Welcoming the festival of lights Christ School celebrated Diwali on 25 October 2019 and kept alive the spirit of sharing and caring.' The Colourfully decorated school campus added charm and religious fervour to the atmosphere. There was a cultural programme on the occasion. The programme began with an introduction by the students and the lamp was lighted by Rev. Sr. Merlin, the Principal and the teachers. Student representatives decorated the stage with lighted *diyas*. Sr. Merlin greeted the students on the occasion.



Traditional dance and songs were performed by the students. Everyone enjoyed the celebration wholeheartedly.

GANDHI JAYANTI

Christites celebrated Gandhi Jayanti with full zeal. On this occasion, we had a



special programme in which Rev. Fr. Mathew, Director, Christ School gave an introductory speech. In the speech, Fr. Mathew quoted the favourite prayers of Gandhiji highlighting his belief in truth and non-violence. A movie on Gandhiji's role in the independence struggle was shown. It was a wonderful experience for the students.





December 2019, to the Children's Park, BHEL, Bhopal. It was a cold and foggy day, and we started our journey with a prayer. The park is beautifully flourished kept trimmed with various kinds of plants and trees. The tiny tots were excited to reach the garden. We played several games there and it was an enjoyable day and a thrilling experience for the students.

EDUCATIONAL TRIP TO L.M. BAKERY

wh

The students of class V, VI and VII were accompanied by their class teacher as they visited the Parle Biscuit Factory at Mandideep on 11 December 2019. The children were very excited on the bus as they took a ride from the school to the factory. On entering the premises, the students were taken to the auditorium where they enjoyed a documentary related to the origin of the brand 'PARLE' and its founder. Thereafter they took the students to the manufacturing unit, where students got first hand information about

various processes like kneading, mixing, shaping, baking, cooling and the final stage of packing. It was an informative, knowledgeable and memorable trip for the students.



STAFF TOUR

Excursions are a time to refresh individual personality and to broaden one's horizon. A one-day picnic for the entire staff was organised at Kattothiya on 12 November 2019, which was a memorable event for Christ family. The day was enjoyed by the teachers as they engaged themselves in rock

climbing and many other exciting tasks like rappling, trekking and zipline. Excitement was at its peak when the whole group climbed a rock and saw the scenic beauty, which enthralled and fascinated everyone. We had a sumptuous lunch in the afternoon. The time passed so soon that we did not even realise the day was over.



TEACHERS' DESK



I am privileged to be part of Christ School where students, teachers and parents are considered as of one family. Two years back, I joined the school and teaching here has been a great learning experience with experienced teachers. Our school is successfully carving a name for itself among the many educational institutions in the city. The reason behind the success of any programme in the school, whether it is the annual function, sports day or any other function, is the team effort, dedication and positive bonding among the staff members. This is what makes Christ School unique.

"It is well for the people who think to change their minds occasionally in order to keep them clean", says Luther Berbank. The management in Christ School always gives priority for new ideas and techniques for teaching the students and keeping the teachers up to date by providing various training sessions and workshops by experts in their respective fields. To provide expert guidance and training, the management has appointed expert teachers. In the students they identify and enhance the talent of music, dance, sports and games.

As part of Christ School, I am sure that the future of our children is in safe hands. We the teachers of Christ School, are working together to mould the future of our students and to make them successful in every aspect of life.

Mr. Ashish Kumar

गुरू गोविंद दोउ खड़े, काके लागु पाय। बलिहारी गुरू आपकी, जिन गोविंद दियों बताय।।

जहाँ पर गुरू को ईश्वर के समतुल्य मानकर उनका आदर व सम्मान किया जाता है। एक ऐसा ही विदयालय है हमारा 'काईस्ट'।

काईस्ट विदयालय में मुझे काम करते हुए पूरे दो साल हो गए और इन दो सालों में मैने अनुभवी शिक्षक — शिक्षिकाओं के मध्य रहकर काफी कुछ नया सीखा तथा जाना है। समय—समय पर कुछ अनुभवी व्यक्तियों द्वारा हमें उचित शिक्षण पद्वति को और अधिक उपयोगी व सार्थक बना सकें।

एकता के साथ किसी भी काम को कैसे किया जाता है ये सारी चीजें यहाँ सीखने को मिलती है। काईस्ट परिवार के सभी सदस्य अपने कार्य को पूरी ईमानदारी और लगन के साथ निभाते है। इसका श्रेय डायरेक्टर फादर मैथ्यू प्रिन्सिपल सिस्टर मेर्लिन और विदयालय प्रबंधन को जाता है जिन्होंने समय—समय पर उचित मार्गदर्शन प्रदान करके हमारी प्रतिभा को निखारने का अवसर प्रदान किया।



काईस्ट विदयालय में छात्र— छात्राओं के उज्जवल भविष्य को ध्यान में रखते हुए उन्हें उचित शिक्षा प्रदान की जाती है और आधुनिक तकनीकों का भी उपयोग कर छात्रों को उनसे परिचित करवाया जाता है। आज विदयालय शहर में अपनी एक अलग ही पहचान बनाता जा रहा है जिसका कारण है यहाँ के छात्र— छात्राओं का स्वर्णिम विकास। पढ़ाई के अलावा अन्य गतिविधियों में, जैसे—नृत्य, संगीत, खेल—कूद आदि में भी छात्र—छात्राओं को भागीदार बनाकर उनके अंदर की प्रतिभा को निखारने का प्रयास किया जाता है।

मुझे इस बात पर गर्व है कि भविष्य के निर्माण में काईस्ट विदयालय एक अहम भूमिका निभाता आया है और निभाता रहेगा।

Ritu Khairwar

I always have a strong belief in the maxim: 'what you sow now, you will reap later'. Many times I have experienced that Christ School puts its heart and soul in achieving various goals. It is evident in the way they organize the Annual Programme, Orientation Programme, Competitions or Sports events. In Christ, all the members of the staff

are determined and focused. Here, every teacher tries to bring out the hidden qualities of a child and work on them. I really feel proud of being part of this institution.

Ms. Archana Burnal Mother of Anmol Narayan, Grade V A



Literacy is the key to human progress and development. Education is a very important tool for everyone to succeed in life and get something different. School provides knowledge, education and guidance. Christ School has helped my child in everything. It gives a platform to the students to come up with their opinions and as a result, my daughter's level of confidence has come up.

The teaching faculty is very good at nurturing and developing the children's extra-curricular activities as well as academic skills. Christ has a challenging curriculum, which aids the students to face various competitions. My daughter has made a great progress academically and socially. She is safe, appreciated by her teachers and peers and feels that all children are equal.

Ms. Neha Bansal
Mother of Riddhima Bansal, Grade IV B

We feel that the warm and caring ethos of Christ school suits our child's personality and feel it has great potential.

Our child loved the school



when we viewed it. Instantly we felt comfortable and she felt at home there. It was evident that the teachers really wanted to know each child and understand all of its individual quirks and traits that the institution could offer each its best. We were so keen for our child to attend Christ School and we are impressed with everything that we saw there. We know about the environment the children learn in, the education they receive and the development of their character. The school has a strong team of teachers who work to bring out the best in each child.

We liked the vision of Christ School and all the pupils seemed very happy and eager to attain the same. We also liked the attitude and approach of the head teachers.

Ms. Apeksha Gaikwad Mother of Aarushi Gaikwad, Grade VI A

When our hospitals are full of those patients suffering from dengue, it is essential to look for ways to protect yourself and your home from the Aedes mosquito and dengue fever.

Dengue is a mosquito-borne viral disease, which has become one of the worst nightmares of the country. Also called 'breakbone fever' or 'dandy fever', it is caused by a family of viruses and is transmitted via Aedes mosquitoes. Dengue begins suddenly, with more benign symptoms at first

but which may get severe with time.

The symptoms of the disease show in three to seven, and sometimes fifteen days. They include fever, headache, joint and muscle pain, swollen lymph nodes and rashes. Recovery from dengue does not take over a week unless the condition gets severe. Mostly asymptomatic, if the condition gets critical, dengue can be life-threatening.

The National Environmental Agency (NEA) is spearheading the fight against dengue by raising public awareness about mosquito breeding and destroying existing breeding sites.

"As an individual, you can play your part in the fight against dengue by protecting yourself and your home environment from the Aedes mosquito", says Dr. Chua Ying Ying, consultant, Department of Infectious Diseases, Singapore.

You can protect yourself from dengue by taking the following precautions:

Protect yourself against mosquito bites.

- Prevent mosquito breeding inside and outside your home.
- Apply a mosquito repellent on your clothes.
- Wear long-sleeves and long pants to cover your arms and legs.

Ms. Mercy



"Ability is nothing without opportunity." - Napoleon Bonaparte. To spread the message of socialism and to showcase various talents of the tiny tots, St. Montfort School, Bhopal organized the 10th Interschool Kindergarten Talent Search Competition on 24 October 2019. The students of Christ School participated in the competition.

This competition was organized to nurture the talents of young students and to help them come out of their stage fright and develop their personality.

The Christites exhibited their talents in various

activities. The students of Blooms performed an action song on the theme 'Nature'. The students of Blossoms performed a folk dance of Madhya Pradesh. They wore colourful ethnic attires and showed their talents in excellent performances and enthralled the audience with their expressions and moves. Our students astounded everyone through their commendable performance and secured 1st position in dance and won the overall championship.

COMPETITIONS



Various competitions were organized in the month of October, November and December. Competitions are the means through which a child proves his/her talents and excels in different fields of co-curricular activities. With hard work, the children chisel themselves to bring out their best. Competitions conducted in the school were Solo Song, Christmas Card Making and Solo Dance. The students actively participated and put in their best efforts. Christmas Card Making and Drawing competitions were conducted for the tiny tots.

TRADITIONAL DRESS

"Art is the demonstration that the ordinary is extraordinary," says H.D. Thoreau. Christ School celebrated Traditional Dress day on 16 and 18 October 2019. The event was hosted by the preprimary and primary sections.

It was an eventful day. Traditional dresses represent the cultural identity of a person. It is necessary to preserve our traditions and



c u s t o m s t o promote the culture and values. The Christites organized a Traditional Dress competition also, during which, the children were on the ramp to showcase their beautiful attires of traditional taste.







Articles



I strongly believe that there is no substitute for hard work. Hard work is always the baseline of great achievements.

Getting organised is hard work. Setting goals, making plans to achieve them and staying on track is hard work. We need to work hard to become successful. It is one of the main essences of life. Every path of success is filled with challenges and obstacles. With hard work and dedication, a person faces the challenges and overcomes the obstacles.

The harder you work on your dream, the more confident you become. Keep your dreams alive.



To achieve your goal, you have to work hard and be dedicated. All things are possible for those who believe and persevere to achieve it. Continuous dedication towards our goal leads to success. Determination, Dedication and Discipline are the three D's of success. Success does not happen by chance; it takes strategies and the right direction to get there.

DHAIRYA YODHA, GRADE VII A

PRARTHANA PANJAWANI, GRADE V B

SPECIAL ASSEMBLY

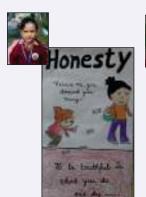
GRADE IV A

Special assembly on the theme of the month 'Honesty' was conducted by the students of Grade IV A. They began the day with the morning prayer, which was followed by a beautiful skit, dance and poem based on the theme. Honesty means to develop a practice of speaking truth throughout life. A person who practices honesty in his/her life, possesses a strong moral character. Honesty refers to the quality of a person who is truthful, faithful, and who always follows rules and regulations, maintains discipline, who is punctual and sincere in action, speech and appearance. It reflects the ethical stand of person, which makes him fearless and courageous. An honest and loyal person never shies away from admitting mistakes. That is why "honesty is the first chapter in the book of wisdom."

GRADE IV B

Special assemblies were conducted in the month of October and November, on the topics 'Dedication' and 'Hard work'. On the occasion students gave wonderful performances on the stage. A skit was staged on Mr. Anand Kumar, a great Indian Mathematician who faced a lot of obstacles in his life and touched the pinnacle of success. He taught the poor sections of the society to clear the IIT exams. With hard work and determination one can face all the trials of life. To achieve success one should to be dedicated, determined and persevere to attain the goals. There are few people in the society who are completely dedicated to their professions like teachers, doctors,

army etc. It was a great learning experience for all the children.







Devanshi Singh Blossoms - B

Artika Jain - Blossoms B







Shashaank Maravi Blossoms - C

Taksha Rajput Blossoms - A Vivansh Singh Blossoms - C

Birthday Wishes



the candles, see the lights they give.

count not the years, but the life you live."

Birthday is a new start, a fresh beginning and a time to pursue new endeavours with new goals. Another adventure filled year awaits you. Welcome it by celebrating your birthday with joy. Christ family celebrates the birthday of every member with enthusiasm and happiness.





CHRIST SCHOOL

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